

## Dr Arjuna Ananda

MBBS FRACS

**EAR NOSE & THROAT SURGEON**

ABN: 64105357168

### **CHILD PRE-OPERATIVE INSTRUCTIONS**

Ensure that you complete your child's hospital admission forms online using the links below. Please submit these at least 1 week prior to surgery.

The nurse will give you a copy of the consent form at the time of the visit or this will be emailed to you. Please take this with you on the day of surgery.

**Campbelltown Private:** <http://www.campbelltownprivatehospital.com.au/patients/eadmissions-registratio>

**Macquarie University Hospital:** <https://muh.eadmissions.org.au>

**Strathfield Private:** [https://mycare.ramsayhealth.com.au/#/?facility=SPH&form=GENERAL\\_ADMISSION](https://mycare.ramsayhealth.com.au/#/?facility=SPH&form=GENERAL_ADMISSION)

**Sydney Day Surgery:** [www.preadmit.com.au/patient/sds](http://www.preadmit.com.au/patient/sds)

The hospital will contact you **the day before** the surgery to advise of **arrival time and fasting instructions** for your child.

#### **Day of Surgery**

We schedule children early on the list and make every effort to make their hospital stay as pleasant as possible. Please feel free to bring their favourite comforter or toy.

If your child is sick prior to the surgery please contact the rooms.

**CT scans or X Rays:** Please bring all relevant scans and x-rays with you to the hospital. Failure to do so may result in cancellation of your child's surgery.

Surgeon Fees must be settled at least 1 week prior to surgery – no direct deposit available.

#### **Medications**

**Herbal medications / Supplements:** Must be stopped 7-14 days prior to surgery.

**Aspirin based medications / Anti-inflammatory drugs:** Must be stopped 7-14 days prior to surgery. If painkillers are required during this time please use Paracetamol.

**Diabetic medication:** If your child is on insulin, discuss how to alter your dose with your **anaesthetist**.

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Head of Department, ENT Surgery RPAH  
Concord Repatriation Hospital  
Macquarie University Hospital  
Strathfield Private Hospital  
Sydney Day Surgery  
Chris O'Brien Lifehouse

Sub-speciality interests:

Sinus surgery  
Skull base surgery  
Sleep apnoea  
Rhinoplasty

